

## **VOCAL ANATOMY 104: THE PHARYNX**

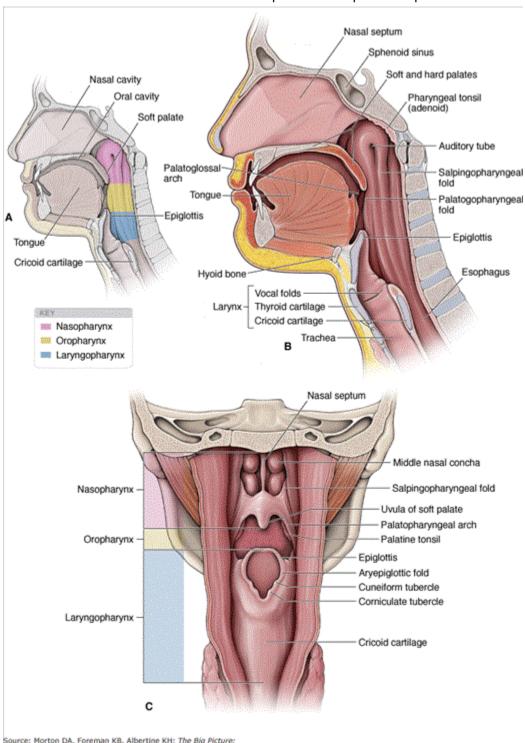
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Ryan Bede, M.M.

## PHARYNX FACTS

- the pharynx is a funnel-shaped, muscular tube that extends from the base of the skull to the cricoid cartilage
- posterior to the oral and nasal cavities, anterior to cervical vertebrae
- it is divided into three main sections 1) nasopharynx 2) oropharynx 3) laryngopharynx
- technically belongs to both the respiratory and digestive systems
  - no digestion occurs in the pharynx; food is mechanically moved, constrictor muscles contract to help swallow
  - the reflex to swallow comes from the medulla in the brain, and the following steps happen:
    - pharynx is constricted
    - breathing ceases
    - soft palate is elevated and blocks nasal passages
    - larynx elevates and epiglottis closes (prevents food from going "down the wrong pipe"
    - peristalsis of esophagus (food is moved toward stomach)
- the larynx is the SOURCE of vocal sound, the pharynx is the FILTER (resonance 'system' of the voice)
- when the vocal folds vibrate, they generate a spectrum of frequencies based on length/tension of the folds and air pressure provided
  - sound waves travel above and below folds to spaces we call RESONATORS
    - seven vocal resonators; all are "air-filled" spaces
      - Chest
      - Trachea
      - Laryngeal vestibule (piriform sinus)
      - Pharynx (three parts)
      - Oral cavity
      - Nasal cavity
      - Sinus cavities
    - some resonators are FIXED, some are MOVABLE

## Resonance is the enhancement or amplification of specific frequencies



Source: Morton DA, Foreman KB, Albertine KH: The Big Picture: Gross Anatomy: www.accessmedicine.com

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