



EMERALD

CHORAL ACADEMY

VOCAL ANATOMY 105: THE ARTICULATORS

Wednesday, November 9, 2022

6:00pm

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- The ARTICULATORS are the final “system” of the five-step vocal process
 - Jaw
 - Tongue
 - Hard/Soft Palate
 - Pharynx (also the main structure of the resonance ‘system’)
- There are many normal biological processes that we must be aware of, and often slightly work against, as we specifically train the articulatory system for singing
- Some of the involved muscles have two separate functions, and one can adversely affect the other when it comes to singing
- Very important to STRETCH the muscles specifically of the jaw and tongue
 - Open mouth, tongue out stretch (“unroll”)
 - Blade of tongue forward
 - Underside of tongue forward
 - Circumferential tongue motion around front of teeth
 - Masseter stretch
 - Temporalis stretch
 - Candy on tongue
 - Gauze on apex of tongue
 - Palatal/dental consonant exercises with [a]
 - Raspberry/tongue trill